



NWT  
**RECREATION  
& PARKS**  
ASSOCIATION



*The NWTRPA is a non-profit organization. Our mission is to increase public awareness of recreation and parks and to enhance the quality of life of residents in the NWT by promoting and supporting the development of recreation, parks services and leadership throughout the North.*

## 2012 • 2013 **Annual Report**

***Recreation for Life!***

**Contact information:** T: (867) 669-8375 | E: [admin@nwtrpa.org](mailto:admin@nwtrpa.org) | [www.nwtrpa.org](http://www.nwtrpa.org)



## Strategic Goals

The NWT Recreation and Parks Association strategic priorities are: to support training and leadership for community recreation leaders; to provide communities with programs that improve access to recreation services for their residents; and to advocate on behalf of the NWT recreation sector at the community, territorial and national levels.

## 2012-2013 Activities

**Goal #1 - Increase the skills and knowledge of recreation leaders so they are better able to deliver quality recreation programs and services:**

- 37 training events were hosted in 22 communities; and 502 people participated in NWTRPA training and profession development events.
- The NWTRPA became the NWT Authorized Provider for HIGH FIVE® (see opposite page).
- The NWTRPA launched an annual Leadership Retreat and continues to offer territorial training events with the Annual NWTRPA Conference and the Elders In Motion Training Gathering.

**Goal #2 - Increase community recreation opportunities for NWT residents:**

- Training and funding was provided to four Elders in Motion programs and training and equipment was provided to four Nordic Walking programs.
- Training, funding and program support was provided to five canoe programs and one winter camp program.
- The NWTRPA launched the Regional Aquatics Training Center program to develop the instructor and professional capacity of year round aquatics facilities and communities that have seasonal pool facilities. Additionally, the NWTRPA helped nine communities find qualified seasonal aquatics staff.
- Through Get Active, the NWTRPA supported 83 groups from 32 NWT communities with Get Active grants. Over 6,027 NWT residents participated in 228 events.
- The Walk to Tuk Challenge engaged 1,388 participants on 73 teams from across the NWT (see opposite page).

**Goal #3 - Advocate to federal, territorial, and local leadership to prioritize NWT community recreation programs and services:**

- The NWTRPA published *Trails in the NWT: Background Report* that summarizes the state of trails in the NWT, compares our NWT trails policies with other jurisdictions and makes recommendations from the findings. The NWTRPA is now using this report to build support for trail investments in the NWT.
- The NWTRPA continued to work with afterschool program providers to identify and support identified needs. The NWTRPA is working with the GNWT to build increased support for important programs in the afterschool time period.
- The NWTRPA continues to host a Territorial Aquatics Committee that advocates for policy changes related to public pools and water safety.
- The NWTRPA continues to be active members of the Boards of the Canadian Parks and Recreation Association, the Canadian Recreation Facilities Council and the Canadian Trails Federation and is working with our national partners to advance NWT interests with the federal government and other national organizations.

## Thank You!

We owe our successful year to the dedication of our Board of Directors, volunteers, staff and our members. Thank you to our funders and sponsors who make our work possible. We look forward to another successful year!

*Cover Photo*

2012 Elders in Motion Training Gathering

# 2012 – 2013 Highlights

## Walk to Tuk Challenge

The Walk to Tuk Challenge encourages community members, schools and workplaces to form teams and together 'walk the distance' of the Mackenzie River from Fort Providence to Tuktoyaktuk. Teams tried to collectively walk a total of 1,658 km between January 7 and March 4, 2013.

The 2013 Walk to Tuk Challenge had 1,388 participants on 73 teams from across the NWT. Sixty-one teams were successful in reaching Tuktoyaktuk logging a grand total of 190,877 kilometres. Calculated in hours of exercise the walking challenge participants collectively spent over 38,175 hours exercising.

The Canadian Physical Activity Guidelines states that 150 minutes of moderate to vigorous physical activity a week in bouts of 10 min or more is required to achieve health benefits for adults' age 18 - 64. (Walking is included as moderate intensity physical activity). On average every challenge participant accumulated over 200 minutes of



Inuvik's Sole Survivors Walk To Tuk team

exercise a week which is 25% more exercise than suggested in the Canadian physical activity guidelines.

The NWTRPA will be launching the **2014 Walk to Tuk Challenge** with new prizes and an enhanced website. We encourage everyone to register or join a walking team!



The best way to play™

## HIGH FIVE®

In 2012, the NWTRPA became the official Authorized Provider of HIGH FIVE® in the NWT. HIGH FIVE® is Canada's only quality standard for organizations providing recreation and sport programs to children aged 6 to 12. Through HIGH FIVE®

training, front line recreation, sport and after school leaders learn how to incorporate the Principles of Healthy Child Development into their everyday programming. The HIGH FIVE® Principles emphasize the social, emotional and cognitive needs of children to help front line leaders engage participants, build relationships and resolve conflict.

## 2012 NWTRPA Award Winners

In September 2012, the NWTRPA celebrated excellence in recreation with our Annual Awards Ceremony. The award winners were:

- **Gabrielle Desforges, Yellowknife** – Scott McAdam Youth Leadership Award
- **Denis Yuhás, Fort Smith** – Innovation Award
- **Ulukhaktok Youth Council** – Award of Excellence



Stephane Sevigny at a HIGH FIVE® workshop



2012 Award Winners (l-r): Denis Yuhás; Joanne Ogina accepting on behalf of the Ulukhaktok Youth Council; Mario Desforges accepting on behalf of his daughter Gabrielle Desforges.

# NWT Recreation and Parks Association

## Statement of Operations

For the year ended March 31,

	Budget 2013	Actual 2013	Actual 2012
<b>Revenues</b>			
Contributions			
NWT Sport and Recreation Council	\$ 604,149	\$ 625,149	\$ 599,069
GNWT Transportation	-	-	3,000
GNWT Education, Culture and Employment	1,500	1,500	1,500
GNWT Municipal and Community Affairs	150,000	185,000	150,000
GNWT Industry, Tourism and Investment	-	-	25,000
GNWT Health and Social Services	-	33,583	-
NWT Ski Division	-	25,000	50,000
Corporate contributions	17,000	51,375	11,851
Partnership contributions	-	2,983	-
Trans Canada Trail service contract	-	-	4,500
Fees	7,500	21,127	-
Membership income	7,000	7,176	3,600
Other income and interest income	7,500	9,774	39,422
	<b>794,649</b>	<b>962,667</b>	<b>887,942</b>
<b>Add: Transfer from deferred revenue-prior year</b>	<b>328,112</b>	<b>372,209</b>	<b>362,028</b>
<b>Less: Transfer to deferred revenue-current year</b>	<b>(137,787)</b>	<b>(359,616)</b>	<b>(372,209)</b>
	<b>984,974</b>	<b>975,260</b>	<b>877,761</b>
<b>Expenditures</b>			
Accounting and legal	29,000	30,619	27,743
Advertising and promotion	29,600	40,463	49,769
Amortization	-	2,373	3,042
Awards and bursaries	87,150	62,351	62,989
Bad debts	-	2,521	-
Conferences and workshops	186,411	125,722	56,919
Dues and fees	6,500	6,884	6,962
Equipment	-	2,952	1,449
Insurance	6,500	7,194	6,323
Interest and bank charges	1,500	1,492	-
Office	8,282	10,647	10,633
Program contractors	94,690	98,854	77,470
Program materials and supplies	56,050	56,598	55,246
Recreation equipment	4,500	5,128	8,781
Rent	-	21,308	21,992
Telephone and internet	10,000	8,738	8,419
Trail building initiatives	-	-	61,455
Travel	108,000	123,559	74,145
Wages and benefits	345,291	322,902	293,802
	<b>973,474</b>	<b>930,305</b>	<b>827,139</b>
<b>Excess revenue before other items</b>	<b>11,500</b>	<b>44,955</b>	<b>50,622</b>
Transfer from Capital Asset Fund	(1,500)	2,952	1,449
Refundable portion of contributions received	-	-	(13,323)
Transfer to Legacy Fund	(10,000)	-	-
<b>Excess revenue</b>	<b>\$ -</b>	<b>\$ 47,907</b>	<b>\$ 38,748</b>
<b>Statement of Financial Position - As at March 31,</b>			
	<b>2013</b>	<b>2012</b>	<b>2011</b>
<b>Assets</b>			
<b>Current</b>			
Cash	\$ 306,017	\$ 345,333	\$ 279,175
Cash restricted Legacy, Trail Building, and Contingency Funds	431,666	428,516	425,469
Accounts receivable	108,960	51,701	89,228
Prepaid expenses	9,122	974	739
	<b>855,765</b>	<b>826,524</b>	<b>794,611</b>
Equipment	9,852	9,273	10,866
	<b>\$ 865,617</b>	<b>\$ 835,797</b>	<b>\$ 805,477</b>
<b>Liabilities</b>			
Accounts payable and accrued liabilities	\$ 31,093	\$ 23,760	\$ 49,859
Contributions repayable	2,917	13,323	1,745
Payroll liabilities	17,528	19,949	24,037
Deferred revenue	359,616	372,209	362,028
	<b>411,154</b>	<b>429,241</b>	<b>437,669</b>
<b>Fund Balances</b>			
Unrestricted net assets	151,204	158,038	129,306
Capital asset fund	9,852	9,273	10,866
Legacy fund	232,407	219,245	207,636
Contingency fund	61,000	20,000	20,000
	<b>454,463</b>	<b>406,556</b>	<b>367,808</b>
	<b>\$ 865,617</b>	<b>\$ 835,797</b>	<b>\$ 805,477</b>

