



NWTRPA Newsletter

November 2004

New Northern Board Representative for CPRA

After several years of lobbying by the NWTRPA, a motion was passed to include a northern representative on the CPRA Board of Directors at their Annual General Meeting in October. Although the vote was

split on a number of other proposed changes, there was very little contest to the inclusion of a Northern Board Representative. The new position will start at the conclusion of next year's AGM with nominations and a vote taking place this spring.

A number of other resolutions were passed at

the meeting, including a change in the Executive Director's title to C.E.O, and the creation of an audit committee to review the effectiveness of the governance. A proposed change to the president's role and the creation of a member-at-large position were both defeated.

Special thanks to Theresa

Ross who spent many years working to include a CPRA northern board representative. As CPRA Board Member, Theresa has been able to make this happen.

For more information contact Theresa Ross at 867-777-7891 or by email at tross@auroracollege.nt.ca

Where to be in the NWT

Dec. 3-5 Inuvik:

Basketball coaching clinic

Dec. 3-5 Inuvik:

Pre-season COED volleyball tournament

Dec. 6-10 Fort Simpson:

Ice Making Course

Dec. 10-12 Fort Providence:

COED volleyball tournament

Dec. 17-19 Yellowknife:

First Nations Cup

Dec. 28-30 Inuvik:

Minor Hockey tournament

Dec. 28-29 Aklavik:

Adult/youth game nights

Jan. 1 Aklavik:

Ski-doo Rally

Jan. 21-23 Wha Ti:

Hockey Camp

New Trails Coordinator Hired

The NWTRPA has recently hired a new Trails Coordinator for the Northwest Territories. Our new employee, Keri Svendsen, is based in Inuvik, where she also works as campus life coordinator for Aurora College. This is a partnership with Aurora College, where Keri will be working 3/4 time for the NWTRPA and 1/4 time for the College.

As Trails Coordinator, Keri is responsible for the development and implementation of a NWT Trails Strategy and Trans Canada Trail Business Plan, and will work closely with NWT communities to build support for trail development throughout the NWT.

Keri will be working at the Aurora College Campus in Inuvik. You can contact her by phone at 867-777-7893 or by email at ksvendsen@auroracollege.nt.ca.

NWTRPA Fund helps build Hay River Reserve Trail

The K'atloodeeche First Nation Recreational Trail runs along the bank of the Hay River. When completed, it will proceed through 4.5 kilometers of brush between New Village and Old Village to create one of the most scenic trails in the area.

The trail was created by the

local Recreation Department, along with numerous community members and the help of the *NWTRPA Trail Building Fund*. In 2004, \$2500.00 was invested in the Hay River Reserve by the fund to aid in the development of the trail.

The new trail will be

enjoyed year-round by residents and tourists as a place to escape from the bustle of everyday life and get back to nature. The trail will be used for a variety of activities, including walking, jogging, cross country skiing, snowshoeing, mountain biking, canoeing and

Active Communities Update

Over the past four years, the NWTRPA has been offering community and regional Healthy Choices workshops throughout the Northwest Territories. The successful workshops attract northerners working in the recreation, education and health fields, and are delivered in partnership with MACA, Health Canada, and the Canadian Public Health Association (CPHA) – NWT/NU Branch.

The NWTRPA has developed a Diabetes Curriculum Toolkit to help spread information on diabetes prevention among NWT residents. A great resource for adults and children alike, the toolkit contains simple and effective lessons that can be

taught at a school or recreation centre setting.

In the upcoming year, the NWTRPA will develop an Active Living workshop, which will focus on helping Northwest Territory residents become more active. A workshop will be held in February 2005, with a resource guide being printed in the spring.

To obtain the resource guide or inquire about hosting a workshop in your community, contact Katherine McPhee at (867) 873-5340 or by email at kmcphree@nwtrpa.org.

Recreation and parks build strong communities and healthy families.

Prescription Pad for Walking Pilot Project

The NWT Recreation and Parks Association, in partnership with the Dept. of Health and Social Services, is currently developing a *Prescription Pad for Walking* pilot program for delivery to community health and recreation staff. The Prescription Pad is intended to assist health and recreation practitioners encourage community residents to become more active through walking programs.

We will be conducting this pilot project in Yellowknife and in one other NWT community from January to March 2005.

For more information contact Geoff Ray at 867-873-5340 or by email at gray@nwtrpa.org

Trail Building Fund continued

kayaking. ATVs will not be permitted on the trail.

The trail places importance on the age and history of the community, winding its way passed many important monuments. The old Anglican and Catholic churches, log buildings, and cemetery can all be seen from the trail. Wildlife sightings and river sounds will be a constant reminder of the environment.

For more information on the K'atlodeeche First Nation Recreational Trail on the Hay River Reserve, contact Allan Browning at 867-874-4617.

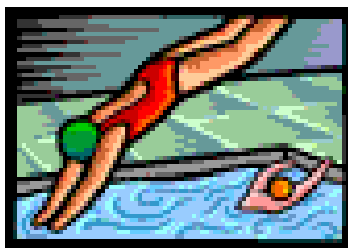
For more information on the NWTRPA Trail Building Fund, contact Keri Svendsen by phone at 867-777-7893 or by email at ksvendsen@auroracollege.nt.ca

The NWT Recreation and Parks Association promotes **Healthy Living through Active Recreation**

Aquatics Recruitment Program

The NWTRPA will once again be offering the Aquatics Recruitment Program to communities in the Northwest Territories. Over 250 job postings for seasonal aquatics positions will be distributed across the country in an effort to attract enthusiastic, experienced and certified aquatics professionals to Northern communities.

The NWTRPA will screen and rank all applications based on



certification and experience, and provide up-to-date summaries to

all Northwest Territories communities running seasonal aquatics programs. The NWTRPA encourages all communities to hire their summer aquatic staff between January and March when most applications are received to ensure experienced and qualified staff are hired.

For more information contact Geoff Ray at 867-873-5340 or by email at gray@nwtrpa.org